

A Bridge To Forgiveness



CATHERINE PLANTENBERG

works with organizations and individuals who want to find their purpose and get more out of life!

WHAT CLIENTS HAVE TO SAY

Thank you so much for sharing your knowledge and skills at our conference. We are grateful for the quality and variety of the presentation.

- Melissa Henderson
Minnesota Association of Community
Mental Health Programs, Inc.

Your story touched everyone. Hearing your beautiful voice and the songs you wrote were certainly beyond our expectations for the program. (Hurricane should be a number one hit.) The message you delivered was an inspiration to our members.

- Gloria Sewell
The Woman's Club Of Minneapolis

The Sisters' stories resonate with authenticity and drama. The audience becomes a part of their riveting family story. We experience the frustration, the anguish, and the following joy of progress being made in the lives of Catherine and Nancy.

- Martha Stolarik
Our Lady Of Grace Catholic Church

It is with high respect that Paradigm Residential Services, Inc. recommends Catherine Plantenberg's program. The presentation she gave to our clients and staff was a mixture of information, humor and of course, forgiveness. We felt the message and the music was so important that we invested in ten compact discs of music for our homes.

- Don Barnes, BA., B.B.A.
Paradigm Residential Services, Inc.

The St. Anthony Chamber of Commerce members and I would like to thank you for your beautiful and inspiring talk that touched each and every one of us. In my many years with the Chamber Of Commerce, never have we had such great entertainment or speaker.

- Rose Fitzjerrells
St. Anthony Chamber Of Commerce

BRIDGE BUILDERS

- Audit Your Thinking For Life-Changing Results
- Develop Personal Power Statements
- Find Humor In Unexpected Places
- Build Resilient And Committed Relationships
- Appreciate The Differences In Others
- Generate Greater Understanding

Catherine Plantenberg speaks from experience. She has spent years living a life of optimism in the face of limitations. Her program takes audiences on an enriching journey, from her sisters' decline into schizophrenia to overcoming the fear and stigma of mental illness for herself. It is a story rich in forgiveness. Her program inspires, uplifts and empowers individuals to pull potential from pain. Catherine is an award winning speaker, earning "Best Speaker" and "Rookie of the Year" her first year in Toast Masters. In addition she brings to her program 12 years as a professional vocalist, flutist and composer.

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